**Resources for Obtaining a Primary Care Physician**

It is important to have a primary care physician that you can follow up with for routine wellness exams as well as sick visits. If you do not have a primary care physician, we have listed some resources below to help you find one.

You can visit the [National Committee for Quality Assurance (NCQA) website](https://reportcards.ncqa.org/#/practices/list) to search for primary care physicians near you that have achieved recognition as a Patient Centered Medical Home (PCMH). You can search by state or zip code and find a provider that is close to your home or office. Some of the bigger practices in our area that have achieved PCMH recognition are [Baptist Primary Care](https://www.baptistjax.com/doctors/baptist-primary-care), [St. Vincent's Primary Care](https://www.jaxhealth.com/locations/primary-care/primary-care-search-results/), and [Mayo Primary Care](http://www.mayoclinic.org/departments-centers/family-medicine/florida/overview/?mc_id=google&campaign=54153858&geo=9060310&kw=primary%20care&ad=173905164207&network=g&sitetarget=&adgroup=17535137058&extension=&target=kwd-548179675&matchtype=p&device=c&acco) clinics.

You can also consult with your insurance company in order to obtain a list of practices that are covered under your plan. It is always important to check your insurance coverage before you visit a new provider to ensure that they accept your plan and you won't have any unexpected out of pocket cost.

Our staff has access to the *Healthcare Guide Book* which lists providers by county. They would be more than happy to help you find a provider while you are in the office or make copies of the lists of providers that are closest to you.

There are also several doctor review websites, such as [Healthgrades](https://www.healthgrades.com/), that you can use to search for providers and see reviews that have been left by other patients.

**PLEASE NOTE:** Remember to contact your insurance company before scheduling an appointment with a new provider. This will ensure that the provider you have chosen is covered by your plan and prevent you from incurring any unexpected out of pocket charges.

As always, please do not hesitate to contact our office at 904-527-3577 to speak with a member of our team to answer any questions you may have.

***At Southeastern Retina Specialists, Your Vision is Our Mission!***